



Headteacher
Miss K Greenway

Monday 8th March

Dear Parent/Carer,

From September 2020, schools have had to teach Relationships and Health Education. You can read about these changes in this DfE guide for parents here:

<https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>.

Most primary schools are already delivering very effective Relationships Education (RSE) and the new guidance is simply about ensuring that **all** children get the information they need and want. The lessons will help children to learn about their bodies including the changes that take place at puberty (KS2), and will help keep them safe, so they can form healthy relationships (friendships) with others, now and in the future.

We are using the leading children's health and wellbeing charity, Coram Life Education (CLE) to support us in meeting these legal requirements by using Coram Life Education's online SCARF planning and teaching resources.

More information about Coram Life Education and SCARF can be found on their website: www.coramlifeeducation.org.uk

We know that RSE has a protective factor when it comes to safeguarding children. 1 in 20 children are sexually abused and 1 in 3 of these do not report this to an adult. Sexual abuse can happen to any child; the best way to safeguard children is to ensure that they receive age-appropriate information on naming parts of their body, knowing the difference between appropriate and inappropriate touch, and having the skills and confidence to find and talk to a trusted adult to report any abuse.

Research now shows that children with better health (including mental health) and wellbeing are likely to achieve better academically. By learning about positive relationships, respect for themselves and others, and behaving appropriately and safely online, they are better able to enjoy their friendships and therefore focus more at school.

You will have the opportunity to give us valuable feedback regarding the programme by attending a TEAMS meeting where further information will be shared with you.

We will be hosting a short TEAMS meeting on **Thursday 25th March** to share with you what

Relationships Education looks like at Parsonage Farm. Please complete the attached survey by Friday 12th, indicating your preference for the meeting time, we will chose the time that the majority of parents have chosen. We will email out a link for the meeting during the week beginning Monday 22nd March.

<https://forms.office.com/Pages/ResponsePage.aspx?id=D39aDZFaIkKs27w8KDQn-bWRtmxScEFPrB2SnYf1kHNUNU1PMVZKQzFaNEJQNFVMNE5YSIBPTDJTNI4u>

Yours sincerely

Mrs Gray
Deputy Headteacher