Parsonage Farm Nursery and Infant School		
Year 2	PE - Dance	Autumn 2

Knowledge

- Know that the speed, weight and size of their movements can affect a dance.
- Know how they could improve their own and others' performances.
- To be able to say what unison, mirroring and canon mean.

Prior Knowledge and Skills

Children will have previously:

- performed a range of movements in canon and unison;
- worked cooperatively in a group to create suitable movements
- performed a range of body movements and shapes and perform some of these in time with the music;
- understood that they can dance on their own, with partners an in groups.

Skills

Children will be able to:

- make contrasting shapes and move in contrasting ways
- dance in their personal space and in the wider space
- improvise movement to communicate an idea
- move in time to the rhythm of the music
- Watch and describe performances and use what they see to improve their own performance.
- Use simple choreographic devices such as unison, canon and mirroring.
- Use different transitions within a dance motif
- talk about the differences between their work and that of others
- change the speed and level of their actions e.g.fast and slow; high and low; or light and heavy movements.
- create a short motif inspired by a stimulus then join several motifs together to make a dance;
- copy, remember and repeat movement patterns
- improve the timing of their actions and move with coordination and control.







Key Vocabulary

- synchronise
- tempo
- about-turn
- dynamic
- march
- pulse
- rebound
- duet
- formation

Safeguarding

- Ensure appropriate warm-ups and cool downs.
- Follow the safety procedures recommended by Hampshire e.g., wearing of jewellery, carrying equipment safely.