

Knowledge



- ❖ To understand safety rules for medicine and when you might or might not need medicine.
- ❖ To know what to do if they ever feel unsafe.
- ❖ To know when to say 'Yes, No, I'll Ask, I'll Tell' in relation to keeping themselves safe.
- ❖ To know that they can tell a trusted adult if they don't feel comfortable with the way someone has touched them.
- ❖ To recognise the difference between fun and not fun touches.
- ❖ To know the difference between safe secrets (surprises) and not safe secrets.
- ❖ To re-cap the NSPCC Underwear Rule.



Safeguarding

- ❖ Can identify trusted adults they can talk to (at home and in school), who will help keep them safe.
- ❖ Knows the correct terms for private parts (penis and vulva).

Prior Knowledge (Year 1)

- ❖ Understand that the body gets energy from food, water and air (oxygen).
- ❖ Recognise that exercise and sleep are important parts of a healthy lifestyle.
- ❖ Knows what medicine is and accompanying safety rules.
- ❖ Understand and learn the NSPCC PANTS rules.
- ❖ Name and know which body parts should be private.

Skills

- ❖ Confident to say what they do and don't like and who to ask for help.
- ❖ Is confident to identify a safe person to tell if they felt 'not OK' about something and tell them how they are feeling.

Key Vocabulary

- ❖ medicine
- ❖ surprises
- ❖ secrets
- ❖ touch
- ❖ comfortable
- ❖ uncomfortable
- ❖ private parts
- ❖ penis
- ❖ vulva