

Knowledge

- ❖ Recognise, name and understand how to deal with a range of feelings.
- ❖ Define what is meant by the terms 'bullying' and 'teasing' and 'unkind' behaviour showing an understanding of the difference between the two.
- ❖ Identify some ways that they can get help, if they are being bullied and what they can do if someone teases them.



Safeguarding

- ❖ Can identify trusted adults they can talk to (at home and in school), who will help keep them safe.

Prior Knowledge (Year 1)

- ❖ Knows all the school values.
- ❖ Knows that happy, excited and pleased are good feelings and sad, worried and cross are not good feelings.
- ❖ Knows that families all look different.
- ❖ Knows that bodies and feelings can get hurt.

Skills

- ❖ Understand we have different ways to express our feelings.
- ❖ Express their feelings in a safe, controlled way.
- ❖ Identify some ways that they can get help, if they are being bullied and what they can do if someone teases them.
- ❖ Tell someone how they are making them feel.
- ❖ Tries to be a good friend using what they have learnt about friendships.

Key Vocabulary

- ❖ *kindness*
- ❖ *friendship*
- ❖ *relationship*
- ❖ *care*
- ❖ *respect*
- ❖ *unkind*
- ❖ *teasing*
- ❖ *bullying*
- ❖ *unacceptable*