

### Knowledge

- ❖ Knows all the school values.
- ❖ Knows that happy, excited and pleased are good feelings and sad, worried and cross are not good feelings.
- ❖ Knows that families all look different.
- ❖ Knows that bodies and feelings can get hurt.



### Safeguarding

- ❖ Can identify trusted adults they can talk to (at home and in school), who will help keep them safe.

### Prior Knowledge (Year R)

- ❖ Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.
- ❖ Form positive attachments to adults and friendships with peers.
- ❖ Show sensitivity to their own and to others' needs.

### Skills

- ❖ Describe how different feelings might make them behave.
- ❖ Suggest ways of dealing with 'not so good' feelings and how to help others.
- ❖ Recognise when they need help and who to ask.
- ❖ Listen to others and wait their turn to speak.

### Key Vocabulary

- ❖ happy, excited, proud, joyful, sad, worried, embarrassed, cross, angry,
- ❖ feelings
- ❖ emotions
- ❖ comfortable
- ❖ uncomfortable
- ❖ trust