

Parsonage Farm Nursery and Infant School

Year 2

PE: Multi-Skills

Summer 2

Knowledge

The children will:

- ❖ Know that by making sure all their group members have a turn is showing equality.
- ❖ Know why it is important to encourage team mates when they find something hard.
- ❖ Know how the values such as courage, respect, determination, friendship and equality are important in sporting activities.



Prior Knowledge and Skills

- ❖ Children will have learned how to play games that require sending an object towards a moving or stationary target; and will have performed different jumps and running at different paces. . They will know why it is important to aim, have precision and accuracy.

Skills

Children will be able to:

- ❖ straighten their knees to spring up using both legs at the same time when jumping for height,
- ❖ bend their knees to take off; lean forward, swinging their arms back when jumping for distance;
- ❖ keep their eye on the target, to focus their aim when throwing;
- ❖ set off at a sustainable pace when running;
- ❖ use their foot to push off in the new direction;
- ❖ run at different paces and speeds.
- ❖ begin to select the most suitable pace for speed and distance.
- ❖ remain motivated to keep trying, even when they are finding it hard.

Key Vocabulary

- ❖ courage
- ❖ determination
- ❖ direction
- ❖ distance
- ❖ equality
- ❖ height
- ❖ inspiration
- ❖ Olympics
- ❖ pathway
- ❖ respect
- ❖ speed
- ❖ values

Safeguarding

- ❖ Ensure appropriate warm-ups and cool downs.
- ❖ Assess weather and decide if PE can take place outdoors or if it would be safer indoors.
- ❖ Follow the safety procedures recommended by Hampshire e.g., wearing of jewellery, carrying equipment safely.
- ❖ Ensure the children are appropriately dressed and have the correct footwear.