

## Parsonage Farm Nursery and Infant School

Year 2

PE: Dance

Autumn 2

### Knowledge

- ❖ To be able to say what unison, mirroring and canon mean.
- ❖ To know that a **motif** is a sequence of dance movements.
- ❖ To know that a dance can have different **levels** and **speeds**.
- ❖ To know different types of dances and give examples.
- ❖ To know why **timing** is important in a dance.
- ❖ To know what a dance needs to include to be effective (e.g. timing, levels, speeds, directions).



### Safeguarding

- ❖ Ensure appropriate warm-ups and cool downs.
- ❖ Follow the safety procedures recommended by Hampshire e.g., wearing of jewellery, carrying equipment safely.

### Prior Knowledge and Skills (Year 1)

- ❖ To have explored dance in a variety of forms.
- ❖ To know that a dance is a planned sequence of actions.
- ❖ To be able to say what some basic actions in dance are: **travel, turn, jump, direction, level**.
- ❖ To be able to copy and repeat simple actions.

### Skills

#### Children will be able to:

- ❖ act and react with a partner and a group;
- ❖ use expressions, gestures and movement to communicate ideas and feelings;
- ❖ dance simple motifs, remember and repeat them;
- ❖ dance in unison and canon;
- ❖ improvise movement;
- ❖ put several motifs together to make a dance;
- ❖ move fluently;
- ❖ say how they would improve a movement or dance;
- ❖ move to a rhythm;
- ❖ move to music;
- ❖ change the tempo and rhythm of your movement with the music;
- ❖ march in single file or side by side;
- ❖ know why it is important to stretch after exercise;
- ❖ know why we cool down after exercise;
- ❖ remember and repeat their pathway;
- ❖ move between personal and wider space;
- ❖ use their bodies to make sound to a rhythm.

### Key Vocabulary

- ❖ dance
- ❖ unison
- ❖ canon
- ❖ mirroring
- ❖ motif
- ❖ sequence
- ❖ levels
- ❖ speeds
- ❖ directions
- ❖ travel
- ❖ direction