Parsonage Farm Nursery and Infant School		
Year 2	PE: Ball Skills 2	Summer 2

Knowledge

- Know why different throws are used for different distances.
- To know how to position their body when striking and receiving a ball.
- Be able to describe changes in their body during exercise.

Prior Knowledge and Skills

- Know how to position their body to strike a ball.
- Can name different ways of travelling with a ball (dribbling, kicking, bouncing).
- * Know what attacking and defending means.
- ✤ To know why it is important for games to have rules.



Skills

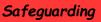
- Recognise and describe how the body feels during and after physical activity
- Throw a ball with accuracy across different distances.
- Pass a ball in different ways, using the correct technique, with increased control and accuracy.
- Use throwing, catching and kicking skills in a game with increasing confidence and success.
- To hit a ball with increasing control.
- To position their body correctly to strike a ball.

accuracy base

- ✤ catching
- 🐟 control
- ✤ direction
- ✤ distance
- ✤ overhead throw

Key Vocabulary

- pass
- travel
- under arm throw



- Ensure appropriate warm-ups and cool downs.
- Follow the safety procedures recommended by Hampshire e.g., wearing of jewellery, carrying equipment safely.



