

## Parsonage Farm Nursery and Infant School

Year 2

PE: Ball Skills 2

Summer 2

### Knowledge

- ❖ Know why different throws are used for different distances.
- ❖ To know how to position their body when striking and receiving a ball.
- ❖ Be able to describe changes in their body during exercise.

### Prior Knowledge and Skills

- ❖ Know how to position their body to strike a ball.
- ❖ Can name different ways of travelling with a ball (dribbling, kicking, bouncing).
- ❖ Know what **attacking** and **defending** means.
- ❖ To know why it is important for games to have rules.



### Skills

- ❖ Recognise and describe how the body feels during and after physical activity
- ❖ Throw a ball with accuracy across different distances.
- ❖ Pass a ball in different ways, using the correct technique, with increased control and accuracy.
- ❖ Use throwing, catching and kicking skills in a game with increasing confidence and success.
- ❖ To hit a ball with increasing control.
- ❖ To position their body correctly to strike a ball.

### Key Vocabulary

- ❖ accuracy
- ❖ base
- ❖ catching
- ❖ control
- ❖ direction
- ❖ distance
- ❖ overhead throw
- ❖ pass
- ❖ travel
- ❖ under arm throw

### Safeguarding

- ❖ Ensure appropriate warm-ups and cool downs.
- ❖ Follow the safety procedures recommended by Hampshire e.g., wearing of jewellery, carrying equipment safely.

