

Helpful advice and support

Help with your council tax and benefits

If you're on a low income, you may be able to get help with your council tax bill. To find out more, see our website, [**www.rushmoor.gov.uk/counciltaxsupport**](http://www.rushmoor.gov.uk/counciltaxsupport). Our website also has information on what benefits are available and how to claim them. Find out more at [**www.rushmoor.gov.uk/benefits**](http://www.rushmoor.gov.uk/benefits).



Citizens Advice Rushmoor

If you're struggling, Citizens Advice Rushmoor can help you with free, confidential, impartial and independent advice and information. [**www.citizensadviserushmoor.org.uk**](http://www.citizensadviserushmoor.org.uk)

Help from your gas or electricity supplier

Some energy companies have support funds and hardship grants available for customers who are struggling. They can also offer you advice. For details, contact your supplier directly, or see our website, [**www.rushmoor.gov.uk/costofliving**](http://www.rushmoor.gov.uk/costofliving) for a list of companies offering support schemes.

Government schemes

The government has a number of schemes to help with your energy and cost-of-living bills over the winter. Find out more at [**www.gov.uk/cost-of-living**](http://www.gov.uk/cost-of-living)

Hitting the cold spots advice line

Hampshire County Council's advice line is open to all Hampshire residents struggling to keep their homes warm. You can call Monday to Friday, 9am to 5pm. Tel: **0800 804 8601** (Call **023 8033 6172** for landline rates. May not be free from mobiles).



Keeping your home warm

Having a well-insulated home will help keep it warm and cut down on your bills. We're part of the Warmer Homes scheme, which offers money towards home energy efficiency improvements. Find out if you're eligible and how to apply at **www.warmerhomes.org.uk** or call **0800 038 5737** for details.

Help for veterans

The Royal British Legion offers means-tested grants of up to £200 a month for a year for veterans and their families. The cost-of-living grants can help towards everyday essentials like kitchen appliances, clothes, and energy costs. Visit **www.britishlegion.org.uk** and look for 'Get support' or call **0808 802 8080**.

Help for parents

All schools in Aldershot and Farnborough have additional funding to support families in need. Please contact your local school.



www.rushmoor.gov.uk/costofliving • 01252 398 766

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 Rushmoor Borough Council
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