

Help with food and clothing



food help



clothing help



refreshments



meals

Key

Aldershot

Community Grub Hub

Food, household and personal hygiene items and a community wardrobe of second-hand items. Open Tuesdays, 10am to 4pm, for collection.

Address: 2a Windsor Way,
Aldershot, GU11 1JG

**[www.facebook.com/
CommunityGrubHub](https://www.facebook.com/CommunityGrubHub)**

The Vine Community Cupboard

Food and personal hygiene items. Donations welcome. Open to all, Mondays, Wednesdays, Thursdays, Fridays 10am – 4pm.

Address: The Vine Centre, 33
Station Road, Aldershot, GU11 1BA

www.thevinecentre.org.uk or
www.facebook.com/thevinecentre

Park Larder

Food is available to all. Donations of in-date and unopened items welcome. Open to all every day, 8am to 6pm.

Address: Old phone box in Park
Church car park, Church Lane
East, Aldershot, GU11 3ST

Salvation Army food bank

Emergency food bank Tuesdays and Wednesdays, 10am to midday. Clothing vouchers also available.

Address: 1 North Lane, Aldershot,
GU12 4QE

**[www.salvationarmy.org.uk/
aldershot](http://www.salvationarmy.org.uk/aldershot)**

Get a winter coat

Aldershot and Farnborough libraries are running winter coat schemes for adults and children.

Address: Aldershot library - 109
High Street, Aldershot, GU11 1DQ
Farnborough library - Pinehurst,
Farnborough, GU14 7JZ

**[www.hants.gov.uk/
librariesandarchives/library](http://www.hants.gov.uk/librariesandarchives/library)**



Farnborough

'No questions asked' bags 🍏

Free bags of essential food available to collect every Friday, 10am to midday.

Olive Branch children's clothing exchange 🧥

Open Thursdays in term time, 9.30am to 11.30am.

Address: Church of the Good Shepherd, Sand Hill, Farnborough, GU14 8ER

www.goodshepherdchurch.org.uk

Warm meal for young people 🍷

The Prospect Youth Club for 13 to 18-year-olds. Fridays during term-time, 5pm to 7.30pm.

Address: Prospect Community Centre, 201 Mayfield Road, Farnborough, GU14 8UA

Meet and eat lunch for seniors 🍷

First and third Wednesdays of the month at 12.30pm. £3 per person.

Address: St Peter's Church, 60 Church Avenue, Farnborough, GU14 6AP

www.stpetersfarnborough.org.uk/social-groups

After school play café ☕

Free hot drinks and affordable cakes for families with primary aged children. Open Tuesdays during term time, 3.45pm to 5.30pm.

Address: St Peter's Church, 60 Church Avenue, Farnborough, GU14 6AP

www.stpetersfarnborough.org.uk/kids

Larder Food Bank 🍏

Delivery of food essentials to Farnborough residents from 4pm on Mondays, Wednesdays and Fridays.

www.goodshepherdchurch.org.uk/foodbank

Food banks that need a referral from a professional

Farnborough Food Bank 🍏

Short-term support with food essentials.

Address: Christ Church Cove, 55 Cove Road, Farnborough, GU14 0EX

www.farnborough.foodbank.org.uk

If you're pregnant or have small children 🍏

If you're more than ten weeks pregnant or have a child under four, the Healthy Start scheme may be able to help you buy healthy foods and get free vitamins.

www.healthystart.nhs.uk



www.rushmoor.gov.uk/costofliving • 01252 398 766