



We aspire for all at Parsonage Farm to feel valued and cared for, to have a continued excitement for learning, ensuring success as they journey onwards.



Year group ↓	Subject area →	Me and my Relationships	Valuing Difference	Keeping myself Safe	Rights and Responsibilities	Being my Best	Growing and Changing
Nursery		<p>Share their feelings with others.</p> <p>Name the important people in their life.</p> <p>Talk about what their strengths are (e.g. what I'm good at) and what they enjoy.</p>	<p>Talk about how I am the same or different to their friend.</p> <p>Talk about something good about being different.</p> <p>Be kind and help their friends.</p>	<p>List who they can ask for help.</p> <p>Talk about some dangers and how to keep themselves safe from them.</p> <p>Know what is safe and unsafe for me to touch and use.</p>	<p>Makes some healthy choices.</p> <p>Helps family and friends.</p> <p>I can make caring choices for their world.</p>	<p>Choose a healthy snack and activity.</p> <p>Keeps on trying.</p> <p>Listens to their friends and take turns.</p>	<p>Describe the different seasons.</p> <p>Talk about how babies and animals grow.</p> <p>Talk about how boys and girls can be different or the same.</p>
Reception		<p>Recognise and be sensitive to the differences of others.</p> <p>Name people who help them and describe ways to help others.</p> <p>Talk about feelings and what can cause them.</p>	<p>Celebrate our differences.</p> <p>Talk about their family life.</p> <p>Listen and be polite to what others tell us about their lives.</p> <p>Be kind, caring and helpful to others.</p> <p>Demonstrate good listening</p>	<p>Talk about what their body needs to stay healthy.</p> <p>Make safe decisions around medicines and things they don't know.</p> <p>Name some things that can be dangerous inside and outside.</p> <p>Talk about what is safe to play online and who to talk to if they feel worried.</p>	<p>Help their family.</p> <p>Help to clean and tidy their home and classroom.</p> <p>Talk about some ways to look after our world.</p> <p>Be kind to friends and others.</p> <p>Talk about looking after money.</p>	<p>Keep trying if the way they choose doesn't work.</p> <p>Talk about the different types of feelings we have.</p> <p>Have a go at something new.</p> <p>Make their own healthy food choices.</p> <p>Make healthy sleep and exercise choices.</p>	<p>Describe the life cycle of an animal.</p> <p>Describe how a baby grows to an adult and what they might need.</p> <p>Talk about how babies are made.</p> <p>Use the scientific names for their body parts.</p> <p>Talk about the NSPCC PANTS rule.</p>

	<p>Identify which trusted adults they can ask for help.</p> <p>Help a friend if they are sad or worried.</p>		<p>Name the adults who keep them safe and when they might need their help.</p>			
Year 1	<p>Name different feelings and how they might make them behave.</p> <p>Suggest ways of dealing with 'not so good' feelings and how to help others.</p> <p>Recognise when they need help and who to ask.</p> <p>Listen to others and wait their turn to speak.</p> <p>Identify are their trusted adults at home and school who keep them safe.</p>	<p>Say ways in which people are similar as well as different.</p> <p>Say why things sometimes seem unfair, even if they are not to them.</p> <p>Talk about what bullying is.</p> <p>Recognise ways to show kindness towards others.</p>	<p>Talk about the things their body needs to stay well (exercise, sleep, healthy foods).</p> <p>Talk about what they can do if they have strong, but not so good feelings, to help them stay safe.</p> <p>Say 'no' to unwanted touch and ask for help from a trusted adult.</p> <p>Say when medicines can be helpful or might be harmful.</p> <p>Talk about how to stay safe around medicine.</p>	<p>Wash their hands correctly.</p> <p>Name ways to look after their home and school.</p> <p>Look after a special person or thing.</p> <p>Talk about some things that money is spent on.</p> <p>Know how to get help if someone has hurt themselves.</p>	<p>Choose a healthy meal with different food groups.</p> <p>Be persistent when learning a new skill.</p> <p>Name a few different ideas of what they can do if they find something difficult.</p> <p>Help their friends when they fall out.</p> <p>Explain why praise helps them to keep trying.</p>	<p>Talk about some things that babies need.</p> <p>Talk about what they can do now that they couldn't do as a toddler and some things that they are still learning to do.</p> <p>Talk about how safe secrets and surprises make them feel and who to talk to if they are worried.</p> <p>Name the body parts girls and boys have that are the same and which body parts are different.</p> <p>Name the adults they can talk to at home and school if they need help.</p>
Year 2	<p>Understand we have different ways to express our feelings.</p> <p>Express their feelings in a safe, controlled way.</p> <p>Identify some ways that they can get help, if they are</p>	<p>Be respectful of those who are different to them.</p> <p>Describe how someone can change someone's feelings.</p> <p>Knows why it is important to show good listening to</p>	<p>Keep themselves safe around medicines. Explain that they can be helpful or harmful, and say how they can be used safely.</p> <p>Know they can say 'Yes', 'No', 'I'll ask', or 'I'll tell', in relation to keeping themselves and others safe.</p>	<p>Make choices that help them play and work well with others.</p> <p>Use some strategies when they feel upset or angry.</p> <p>Confident to ask for help from a trusted adult.</p>	<p>Explain what happens when they learn something new.</p> <p>Explain how setting a goal or goals will help them to achieve what they want to be able to do.</p> <p>Explain how hand hygiene stops viruses</p>	<p>Give support to a friend.</p> <p>Describe feelings of loss and suggest what someone can do if a friend moves away.</p> <p>Describe the stages of growth they have been through and what they look forward to in their future.</p>

	<p>being bullied and what they can do if someone teases them.</p> <p>Tell someone how they are making them feel.</p> <p>Give lots of ideas about what makes a good friend and also know how to try to be a good friend.</p>	<p>people who think differently to them.</p> <p>Name and suggest strategies to help someone who feels left out.</p> <p>Be kind and use kind words to their friends.</p>	<p>Confident to say what they do and don't like and who to ask for help.</p> <p>Give some examples of safe and unsafe secrets and know who are safe people who can help if something feels wrong.</p> <p>Give examples of touches that are ok or not ok (even if they haven't happened to me) and identify a safe person to tell if they felt 'not OK' about something.</p>	<p>Name some ways they can look after their environment.</p> <p>Make sensible choices with money.</p>	<p>and germs from spreading.</p> <p>Give examples of what they can do and give to their body to stay healthy.</p> <p>Name different parts of their body that are inside them and help to turn food into energy.</p>	<p>Name the human private parts that are used to make a baby.</p> <p>Can talk about the importance keeping private parts private.</p>
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