



## PE progression of skills – DANCE



We aspire for all at Parsonage Farm to feel valued and cared for, to have a continued excitement for learning, ensuring success as they journey onwards.



Year group ↓	Subject area →	Skills	Compete/Perform	Evaluate
Nursery		Explore patterns of movement.	Begin to control their body when performing movements.	
Reception		Join a range of different movements together. Change the speed of their actions. Change the style of their movements. Create a short movement phrase which demonstrates their own ideas.	Control their body when performing a sequence of movements.	Talk about what they have done.  Talk about what others have done.
Year 1		Copy and repeat actions.  Put a sequence of actions together to create a motif.  Vary the speed of their actions.  Use simple choreographic devices such as unison, canon and mirroring.  Begin to improvise independently to create a simple dance.	Perform using a range of actions and body parts with some coordination.  Begin to perform learnt skills with some control.	Watch and describe performances.  Begin to say how they could improve
Year 2		Copy, remember and repeat actions.  Create a short motif inspired by a stimulus.	Perform sequences of their own composition with coordination.	Watch and describe performances and use what they see to improve their own performance.

	<p>Change the speed and level of their actions.</p> <p>Use simple choreographic devices such as unison, canon and mirroring.</p> <p>Use different transitions within a dance motif.</p> <p>Move in time to music.</p> <p>Improve the timing of their actions.</p>	<p>Perform learnt skills with increasing control.</p> <p>Compete against self and others.</p>	<p>Talk about the differences between their work and that of others.</p>
--	---	---	--