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**Headteacher  
Miss K Greenway**

13<sup>th</sup> February 2019

Dear Parents,

**Behaviour Curriculum Workshop for Parents  
How to have Positive Relationships - all about Attachment and much more...**

**Monday 11<sup>th</sup> March                      2.00 - 3.00pm  
OR Thursday 14<sup>th</sup> March                6.00pm - 7.00pm**

Sarah Cobb, from the Hampshire Behaviour Support Team, is back to lead another workshop for us. Those of you who have heard her speak before will know how inspirational she is and how many great ideas she has. If you haven't heard her before, now is your chance!!

Come and listen and find out all about having great positive relationships with your children. Being a parent is a tough job and we all need some new ideas whether our relationships with our children are brilliant or whether we know there are things we want to change or improve.

Areas that Sarah will cover include:

- Attachment Theory
- Practical Ways of building relationships
- Behaviour as communication - what behaviours do you see from your child and what is that telling you
- Problem Solving
- Stress bucket/mental health issues
- School anxieties

Please try and come along to one of the sessions - I am sure you will go away with new ideas and things you can try at home. It will also be a chance to chat with other parents and share experiences - it is always good to know that you are not on your own!!

So that we have an idea of numbers, please could you complete the slip below and return to the School Office by **Friday 1<sup>st</sup> March**. Obviously, you are also welcome to just turn up at either meeting if you are not sure yet whether you are able to come. Thank you.

Yours sincerely,

K. Greenway

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Child's Name \_\_\_\_\_ Class \_\_\_\_\_

I/We will be attending the meeting on Monday 11<sup>th</sup> March 2.00-3.00pm

I/We will be attending the meeting on Thursday 14<sup>th</sup> March 6.00-7.00pm

I/We are unable to attend the meeting