

Parsonage Farm Nursery and Infant School,
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Headteacher
Miss K Greenway

14th September 2018

Dear Nursery Parents,

NUT FREE SCHOOL

I am writing to make you all aware that we are a NUT FREE school, as we have several children who are allergic to nuts and have severe allergic reactions if they come into contact with nuts.

Please could you help by making sure that if your child has a packed lunch, you do not put anything with nuts in, in their lunchbox.

Things that contain nuts:

- Any loose nuts - peanuts, cashews, walnuts
- Seeds
- Peanut Butter
- Nutella spread
- Some chocolate spreads
- Kinda Bueno Bars
- Some cereal bars
- Raw Food Bars - Nakd Foods

Please also remember that the Government provides fruit for morning or afternoon snack, so you do not need to send in any snack or drink for your child. They have milk or water which is also provided.

Please help us with this - if you are unsure whether a food contains nuts, check the ingredients - if it says contains Nuts, then please leave it at home. If we do have foods that contain nuts brought into school, we could be putting a child at risk of having a severe allergic reaction.

Thank you for your help with this important matter - we want to keep everyone safe.

Yours sincerely,

K. Greenway